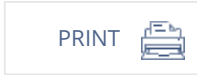




Wellesley Fiske Elementary

October 2020 - Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	Beef Patty with Cheese on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Apple Fat Free Chocolate Milk Low Fat Milk	2
Macaroni and Cheese with Steamed Broccoli Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Strawberry Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	6	7	Chicken Tenders with Roasted Potatoes Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Fresh Melon Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	9
12	Lasagna Roll Up with Green Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Diced Peaches Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	14	Beef Rique with Baked Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Organic Applesauce Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	16
Toasted Cheese Sandwich Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Raisins Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	20	21	Teriyaki Chicken with Brown Rice and Steamed Corn Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Apple Slices Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	23
Classic Cheese Pizza Pepperoni Pizza Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Mixed Berry Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk	27	28	Chicken Patty on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Orange Fat Free Chocolate Milk Low Fat Milk	30

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This instruction is an equal opportunity provider.