



# Wellesley Upham Elementary

## October 2020 - Lunch

PRINT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b>	<b>29</b>	<b>30</b>	Beef Patty with Cheese on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Apple Fat Free Chocolate Milk Low Fat Milk <span style="float: right;"><b>1</b></span>	Beef Patty with Cheese on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Apple Fat Free Chocolate Milk Low Fat Milk <span style="float: right;"><b>2</b></span>
Macaroni and Cheese with Steamed Broccoli Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Strawberry Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>5</b></span>	Macaroni and Cheese with Steamed Broccoli Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Strawberry Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>6</b></span>	No Data Available <b>7</b>	Chicken Tenders with Roasted Potatoes Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Fresh Melon Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>8</b></span>	Chicken Tenders with Roasted Potatoes Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Fresh Melon Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>9</b></span>
<b>12</b>  <span style="color: red;">Closed</span>	Lasagna Roll Up with Green Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Diced Peaches Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>13</b></span>	Lasagna Roll Up with Green Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Diced Peaches Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>14</b></span>	Beef Rique with Baked Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Organic Applesauce Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>15</b></span>	Beef Rique with Baked Beans Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Organic Applesauce Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>16</b></span>
Toasted Cheese Sandwich Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Raisins Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>19</b></span>	Toasted Cheese Sandwich Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Raisins Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>20</b></span>	<span style="color: red;">Closed</span> <b>21</b>	Teriyaki Chicken with Brown Rice and Steamed Corn Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Apple Slices Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>22</b></span>	Teriyaki Chicken with Brown Rice and Steamed Corn Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Apple Slices Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>23</b></span>
Macaroni and Cheese with Steamed Broccoli Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Mixed Berry Cup Fat Free Chocolate Milk Low Fat Milk Fat Free Milk <span style="float: right;"><b>26</b></span>	<span style="color: red;">Closed</span> <b>27</b>	<span style="color: red;">Closed</span> <b>28</b>	Chicken Patty on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Orange Fat Free Chocolate Milk Low Fat Milk <span style="float: right;"><b>29</b></span>	Chicken Patty on WW Bun Yogurt Lunch Not-A-Nut Butter & Jelly Sandwich Celery & Carrot Sticks w/ Low Fat Dressing Fresh Orange Fat Free Chocolate Milk Low Fat Milk <span style="float: right;"><b>30</b></span>

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This instruction is an equal opportunity provider.